

Advice and Information

For People with Cystic Fibrosis & their Families



The CF Advocates support people with Cystic Fibrosis and their families in whatever way they can. Whether you need advice on your rights and entitlements, are looking for practical information about living with CF, or just need a chat, they are there to help.

Who are the CF Advocates?

Caroline Heffernan and Rory Tallon are the CF Advocates of Cystic Fibrosis Ireland (CFI); they are both Persons with Cystic Fibrosis (PWCF). Caroline has worked for CFI since early 2007 while Rory joined the staff team in 2016. The advocates work remotely from home on a part-time basis, 5 days a week.

What is the Role of the CF Advocates?

Caroline and Rory help and support CF families by providing advice and information on:

- Rights and Entitlements for PWCF and families
- Support for parents of children newly diagnosed with CF
- Education and job requirements for PWCF
- Advice and support on travelling or moving abroad
- Securing appropriate living accommodation
- Practical advice on growing up with CF to PWCF and parents
- Identifying the needs of PWCF and their families and advising CFI on such issues
- Devising fact sheets for different issues relating to CF
- Dealing with queries/complaints PWCF and families have with services locally



The CF Advocates communicate with other PWCF via telephone, email, Facebook or teleconference, and Advocates communicate with the staff in the National Office in Dublin on a daily basis on behalf of PWCF.

The CF Advocates are there to support PWCF and families in whatever way they can. The advocates form part of the wider Member Services Team, which is managed by Sam Byrne. If you are having difficulty, no matter how big or small, you can contact them by tel/email.

Alternatively you can contact Sam Byrne at CF House by calling 01 4962433 or email sbyrne@cfireland.ie. Sam is available to discuss any issue affecting families dealing with CF.



Contact Information



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