

A Study of Adolescent's and their Parent's Perspectives on Health & Illness in Managing Cystic Fibrosis.

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Review of literature:

A review of Literature has been carried out and focused on the following areas:

- Compliance in Cystic Fibrosis
- Self Management in Cystic Fibrosis
- Lay Beliefs about Health and Illness
- Adolescent's Sexual Health
- Risky Health Behaviours
- Transition of Care

Appointment of Research Assistant:

- Post-Graduate student: Sinéad MC Carron, R.P.N, R.C.N. has been appointed for the study.
- Sinéad will be a named co-researcher on the study.

Ethical Approval:

- Ethical Approval has been granted for the study from the Research Ethics Committee of one teaching hospital in Dublin.

Access and study sample:

- Negotiating access to patient case notes to draw up a sampling frame that meets inclusion criteria for the study is currently underway.

Projections for the next 6 months:

- Recruitment of sample.
- Commencement of data collection and sample.

In conclusion, the study is important because it will help parents and CF multidisciplinary teams who work with adolescents in ways that take account of their views and their experiences living with CF. The study will provide information for setting guidelines on the transition of care from children's to adolescents CF clinics and subsequently to adults CF clinics.